

C-Closed meetings are for those seeking help for their own drinking problems  
**O-OPEN** mtgs. include families and friends of those with drinking problems.  
**-WHEELCHAIR ACCESS MEETINGS**  
**S—SOUTH OF RIVER**                      **N—NORTH OF RIVER**  
**V—VALLEY/EAST SPOKANE**

**DAILY MEETINGS**

\* 7:00am O EYE-OPENERS MEETING, 1102 W. 2nd Ave S  
8:00am O EARLY BIRD GROUP (8am wkdays, 9am weekends)  
Wed is Big Book Study, Thurs is Step Study, 6710 Country Homes  
Sons of Norway Bldg, cross lobby & go downstairs N  
12:00pm O 1st THINGS 1st GROUP S  
518 W. 3rd at Howard, United Methodist Church, alley entrance,  
Mon book study; Fri., step study  
12:00pm O THE NOONER ATTITUDE ADJUSTMENT N  
6710 Country Homes, Sons of Norway, cross lobby & go downstairs  
5:30pm O ATTITUDE ADJUSTMENT HOUR N  
6710 Country Homes, Sons of Norway, cross lobby & go downstairs  
5:30pm O HOOT OWL, 2016 E Sprague, various groups S  
8:00pm O HOOT OWL, 2016 E Sprague, various groups S  
10:00pm O HOOT OWL CAMPFIRE MTG, 2016 E Sprague S

**SUNDAY**

9:30am O AGNOSTICS & ATHEISTS 1700 W. 7th S  
10:00am O SUNDAY MORNING MEETING V  
Trading Co, 13014 E Sprague at McDonald (upstairs)  
10:30am O PRESCRIPTION FOR LIVING GROUP, breakfast mtg N  
5507 N Division, Old Country Buffet, rear door of restaurant  
10:30am C UNITY GROUP ALANO CLUB 1700 W 7th S  
12:00pm O HOOT OWL, 2016 E Sprague, Women’s Group S  
2:00pm O COME AS YOU ARE IN RECOVERY, Women’s  
Mtg, 10920 E Sprague, New Life Assembly Church V  
3:00pm O , LAST DOOR, Eastpoint Church, 15303 E Sprague,  
1-1/2 hrs, children ok, however, daycare no longer provided V  
5:00pm O NE SOBRIETY WHAT NEXT GROUP N  
Wellesley & Regal (Lutheran Church, South entrance)  
5:00pm O SECOND AVENUE, SECOND CHANCE S  
211 S. Division, Covenant Church, side entrance  
5:30pm O LIVING SOBER BOOK STUDY, ALANO,1700 W 7th S  
5:30 pm O GLBT IN SOBRIETY (GAY), 611 S. Garfield S  
Parking in rear of church  
7:00pm C STEP DISCUSSION, St. Charles , 4515 N Alberta N  
7:00 pm O JOE & CHARLIE BIG BOOK STUDY, S  
ALANO CLUB, 1700 W 7th  
7:00 pm O FIRST THINGS FIRST GROUP S  
518 W. 3rd at Howard, United Methodist Church, alley entrance  
7:30pm O SULLIVAN ROAD STEP STUDY V  
810 S Sullivan (8th & Sullivan, Lutheran Church)  
7:30pm O DAILY SURVIVORS, OUR CLUB, 1102 W Second S  
8:00pm C THE WAY OUT, FOCUS BIG BOOK, 2016 E SpragueS

**MONDAY**

6:15am C VALLEY EYE-OPENER Yoke’s, 9329 E Montgomery(upstairs) V  
8:00am O 1ST THINGS 1ST, 518 W 3rd/Howard, Church alley entrance  
12:00pm C NOON NON-SMOKING GRP, 1700 W 7th S  
12:00pm O PASS IT ON, 2924 E Wellesley, next to gazebo N  
12:00pm O DOWNTOWN WOMEN’S MEETING 920 W. 2nd S  
12:00pm C OUR PRIMARY PURPOSE GRP, Redeemer Lutheran  
3606 S. Schafer Rd University/Dishman-Mica Rd w. entry V  
12:00pm O VALLEY NOON GROUP, 10920 E Sprague, New Life  
Assembly Church, East of U City, South side of Sprague V  
12:00pm C BEST 3 OUT OF 5 MTG 17825 E. Trent (church) V

12:00pm C MONDAY MEN’S GROUP 12 E Olive, Perkin’s Rest. N  
1/2 blk north of Spokane Falls Blvd on Division  
12:00pm O NORTH STAR GROUP, 312 W. Hawthorne Rd N  
12:00pm O A.A.FOR LIFE, 22 S Thor, YFA Connections S  
2:00pm O GRATITUDE, 918 E Garland, Living Hope Church N  
5:15pm C THE 5:15 GROUP, ALANO CLUB 1700 W. 7th S  
5:30pm O HAPPY HOUR GROUP V  
611 N. Progress, United Church of Christ  
6:00pm C VALLEY WOMEN’S GROUP V  
1313 S. Pines Rd, Opportunity Christian Church  
6:30pm O FAIRCHILD OPEN MEETING, Fairchild AFB Chapel,  
conf rm.Military ID required for base entry)  
7:00pm C LIVING IN SOBRIETY, 1406 N. Washington  
Center Point, Book Study N  
7:00pm O GRUPO HISPANO SPOKANE, 3220 S Grand, Church S  
7:30pm C SPOKANE CITY DISCUSSION MEETING S  
3220 S. Grand (corner 33rd & Grand), Methodist Church downstairs  
7:30pm O MANITO BOOK STUDY (corner of 33rd and Grand) S  
3220 S Grand, Methodist Church (upstairs)  
7:30pm O BETTER MEDICINE GROUP 1603 N. Belt N  
7:30pm O MINNEHAHA FUN GROUP 4005 E. Marietta (church) N  
7:30pm C NORTHERN LIGHTS GROUP 8112 N. Howard Dr.  
(St. Thomas Moore Church basement entrance east side) N  
7:30pm C NORTHSIDE GROUP 3908 N. Driscoll Blvd N  
Audubon Park United Methodist Church  
7:30 pm C TRENTWOOD GROUP, 14015 E. Trent 1hr. V  
Steelworkers Union Hall, east side entrance (discussion meeting)  
7:30pm C OUT FROM UNDER GRP, 4449 N Nevada, church N  
7:30pm O DAILY SURVIVORS, OUR CLUB, 1102 W Second S  
8:00 pm O THE WAY OUT, HOOT OWL, 2016 E Sprague S

**TUESDAY**

6:15am C VALLEY EYE-OPENER Yoke’s,  
Montgomery & Argonne V  
8:00am O 1ST THINGS 1ST, 518 W 3rd/Howard, Church alley entrance S  
12:00pm O VALLEY NOON GROUP 10920 E. Sprague, New Life  
Assembly Church, East of U City, South of Sprague V  
12:00pm C NOON NON-SMOKING GROUP, ALANO CLUB S  
12:00pm O SOUTH HILL NOON GROUP 3220 S Grand,  
Manito Methodist Church, Rm 206 S. entrance S  
12:00pm O NORTH STAR GROUP N  
312 W. Hawthorne Rd, Whitworth Presb Church  
5:00pm O BASIC LIFE SUPPORT, 1428 W. Broadway,  
Salem Lutheran Church N  
5:30pm O HALT LADIES LIT STUDY N  
Emmanuel Baptist Church, 5109 N Adams  
5:30pm O HAPPY HOUR GROUP V  
611 N. Progress, United Church of Christ  
5:30pm O “RIDE ON”, HOOT OWL, 2016 E. Spague S  
5:30pm O STEPS TO SERENITY 822 E. Garland N  
5:30pm O WOMEN’S 12 x 12 N  
6710 Country Homes, Sons of Norway, cross lobby & go downstairs  
6:00pm O CHATTAROY MEETING, Chattaroy Community Church N  
3711 E Chattaroy Rd.  
7:00pm O OPEN DOOR ON THOR S  
615 S. Thor (Club House) [3rd Tues Speaker Mtg]  
7:00pm O 11th STEP STUDY 3220 S Grand (upstairs Rm 202) S  
20 minute meditation followed by discussion  
7:30pm O MIRACLES OF RECOVERY, 905 N. McDonald Rd. V  
Open Bible Church of the Valley, bldg behind church-east entrance  
7:30pm O DAILY SURVIVORS, OUR CLUB, 1102 W Second S  
7:30pm C NORTHSIDE MIRACLES, Book Study N  
4202 N. Belt, (church)

7:30pm O OUT OF THE HAT S  
4235 S. Cheney/Spokane Rd (Trading Company - upstairs)  
7:30pm O FIRESIDE MEETING, E. 8th & Garry Rd. Liberty Lake  
Community Church V  
8:00pm C DOWNTOWN MEN’S GRP ALANO CLUB 1700 W.7th S  
8:00pm O SOBER ON SPRAGUE, HOOT OWL 2016 E Sprague S  
1 1/2 Hr with smoke break

**WEDNESDAY**

8:00am O 1ST THINGS 1ST, 518 W 3rd/Howard, Church alley entrance S  
12:00pm O PASS IT ON, 2924 E Wellesley, next to gazebo N  
12:00pm O DOWNTOWN WOMEN’S MEETING S  
920 W. 2nd (Living Sober)  
12:00pm O VALLEY NOON GROUP 10920 E. Sprague, New Life  
Assembly Church, East of U City, South of Sprague V  
12:00pm C BEST 3 OUT OF 5 MEETING 17825 E. Trent (church) V  
12:00pm C NOON NON-SMOKING GROUP, ALANO CLUB S  
1700 W 7th  
12:00pm C OUR PRIMARY PURPOSE GROUP 3606 S. Schafer Rd  
University & Dishman Mica Rd, Redeemer Luth.Church,west entry. V  
12:00pm O NORTH STAR GROUP 312 W. Hawthorne Rd N  
Whitworth Presbyterian Church  
2:00pm O GRATITUDE, 918 E Garland, Living Hope Church N  
5:15pm C THE 5:15 GROUP, ALANO CLUB 1700 W. 7th S  
5:30pm O HAPPY HOUR GROUP 611 N. Progress V  
United Church of Christ  
5:30pm C STEP SISTERS 33rd & Grand (3220 S. Grand) S  
Manito Methodist Church, Rm 206,(south entrance)  
6:00pm O KEEP IT SIMPLE, Yoke’s on Hwy 2 in Mead upstairs N  
6:30pm O PRIDE IN SOBRIETY 611 S. Garfield at Hartson (Gay) S  
Parking in rear of church  
6:30pm O STEPPIN’ UP, Book Study, E 222 Indiana, Salvation Army N  
7:00pm O LIVING IN SOBRIETY, 1406 N. Washington, Center Point N  
7:00pm O SPOKANE CITY GRP/FOR WHOM THE BELL TOLLS S  
ALANO CLUB, 1700 W. 7th (interpreter for hearing impaired)  
7:00pm C WOMEN’S ATTITUDE ADJUSTMENT N  
6710 Country Homes, Sons of Norway, cross lobby, go downstairs  
7:00pm O INDISPENSIBLE ESSENTIALS, 3220 S Grand, Rm202,Church S  
7:30pm C MANITO GROUP, 5720 S Perry, St. Stephen’s Episcopal  
Church(open speaker meeting last Wed of month) S  
7:30pm O KEEP COMING BACK MTG OUR CLUB 1102 W 2nd S  
7:30pm O BACK TO BASICS 4620 N. Post (Post & Wellesley) N  
[church parking lot entrance]  
7:30pm O DAILY SURVIVORS, OUR CLUB, 1102 W Second S  
8:00pm O VALLEY GROUP Millwood Presbyterian Church V  
3223 N. Margarite, back of church  
8:00 pm O THE WAY OUT HOOT OWL, 2016 E Sprague S

**THURSDAY**

6:15am O VALLEY EYE-OPENER Yoke’s V  
9329 E Montgomery at Argonne (upstairs)  
8:00am O 1ST THINGS 1ST, 518 W 3rd S  
12:00pm C T.A.C.O. Meeting, ALANO CLUB S  
1700 W. 7th—small room at bottom of stairs  
12:00pm O VALLEY NOON GROUP 10920 E. Sprague, New Life  
Assembly Church, East of U City , South side of Sprague V  
12:00pm C NOON NON-SMOKING GROUP, 1700 W 7th S  
12:00pm O SOUTH HILL NOON GROUP, 3220 S Grand,  
Manito Methodist Church, Rm 206 enter south door S  
12:00pm C NORTH STAR GROUP 312 W. Hawthorne Rd. (ch) N  
3:00pm O UPRIVER WITH A PADDLE, 2134 E North Crescent #5009 N  
1 block north of Upriver Drive on North Crescent  
5:00pm C THURSDAY MEN’S GROUP (Step mtg) N  
St. Aloysius Church, 330 E. Boone, basement, south entrance (O’Malley Hall)

5:30pm O HAPPY HOUR “LIVING SOBER” STUDY V  
611 N. Progress United Church of Christ  
6:00pm O HAPPINESS IN RECOVERY, 2016 E. Sprague S  
6:30pm C NORTHEAST GROUP 1408 N. Washington N  
Big Book study; last Thurs of month, open discussions  
7:00pm O OUT OF THE HAT NORTH, Lit Study, 8441 Indian  
Trail Rd, Prince of Peace Lutheran Church, rear entrance N  
7:00pm O NEW SOIL, NEW ROOTS 2900 S. Bernard S  
Unity Church (open mtg last Thurs of month)  
7:30pm C MANITO WOMEN’S GROUP, 3220 S Grand S  
Methodist Church, west entrance, room #108  
7:30pm O HILLYARD RECOVERY 5220 N. Crestline  
church: SW entrance, main floor room 202 N  
7:30pm C GET A LIFE, MEN’S GROUP, Gonzaga U.  
Student Crosby Ctr. 2nd Floor, Utopia Conf. Rm N  
7:30pm O SULLIVAN RD GRP, 810 S Sullivan (church) V  
7:30pm O DAILY SURVIVORS, OUR CLUB, 1102 W Second S  
8:00pm O GONZAGA YOUNG PEOPLE’S MTG, 2nd Fl N  
Washington/California Rm, 710 E Desmet

**FRIDAY**

8:00am O 1ST THINGS 1ST 518 W 3rd at Howard S  
United Methodist Church, alley entrance  
9:00am C MILLWOOD MADAMES (Women’s Mtg) V  
3223 N. Margarite, Presbyterian Church  
12:00pm C OUR PRIMARY PURPOSE GRP, Redeemer Lutheran  
3606 S. Schafer Rd University/Dishman-Mica Rd w. entry V  
12:00pm O VALLEY NOON GROUP 10920 E. Sprague, V  
East of U City, South side of Sprague  
\*12:00pm O DOWNTOWN WOMEN’S MEETING S  
920 W. 2nd—wheel chair accessible  
12:00pm C NOON NON-SMOKING GROUP, 1700 W 7th S  
12:00pm O NORTH STAR GROUP N  
Whitworth Pres. Church 312 W. Hawthorne Rd  
12.00 pm O NEW BEGINNINGS, 934 S. Garfield Rd, Airway Hts  
CAMAS Path, Rear entrance N  
12:00pm C BEST 3 OUT OF 5 MTG 17825 E. Trent (church) V  
12:00pm O A.A.FOR LIFE, 22 S Thor, YFA Connections S  
5:15pm C THE 5:15 GROUP, ALANO CLUB 1700 W 7th S  
5:30pm O HAPPY HOUR GROUP 611 N. Progress V  
United Church of Christ  
5:30pm O ANOTHER WAY MTG, St. Luke’s Rehab Ctr., S  
711 S. Cowley, south entry, elevator to lower level, follow signs  
6:00pm C S.O.T.S. (SUNLIGHT OF THE SPIRIT), 338 Betz Rd  
Church of the Nazarene, Cheney, WA  
7:00pm O WELCOME HOME GROUP S  
2713 S Ray, Bethlehem Lutheran Church  
7:00pm O GRUPO HISPANO SPOKANE, Methodist Church,  
3220 S Grand S  
7:00pm C S.O.S. 1905 E Pacific S  
7:30 pm O FRIDAY NIGHT ROVERS 4514 N. Alberta N  
St. Charles Catholic Church  
7:30pm C SOUTH HILL GROUP 33rd & Regal, rear ent, Center S  
Of Spiritual Living, (formerly Religious Science of Mind Ch)  
7:30pm O HILLYARD LIFELINE GROUP 5220 N. Crestline  
church: SW entrance, main floor Rm #202 N  
7:30pm O I DON’T NEED A MEETING 8822 E Upriver Dr  
Pasadena Park Church -childcare and playroom provided V  
7:30pm O BIG BOOK STUDY, OUR CLUB, 1102 W. 2nd S  
8:00pm O THE WAY OUT, HOOT OWL, 2016 E Sprague S  
9:00pm O 1st THINGS 1st Candlelight Meeting S  
Church,upstairs,3rd/Howard

